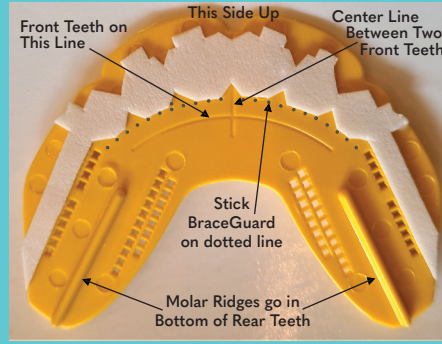




BRACES: Attach BraceGuard NOW, & then follow the standard instructions. Remove it after fitting.
Watch the fitting VIDEO at BulletProofMG.com & Read ALL Instructions Below BEFORE YOU START!

🙏 Thank you for choosing to spend your hard earned money, on our mouthguard! If you have any problems, email us a pic at info@BulletProofMG.com and we'll send you a new one. We won't let you down! This advanced material and design is both Stronger and Thinner, allowing you to Breathe Better to Perform Better. It's a massive upgrade, to an essential pieces of equipment, for a reasonable cost. Please tell everyone you know! 🙏

★★★★★ Please Please Please Help Us Grow Our Business by POSTING A Review on Google & Amazon ASAP, & tagging us in your social media posts! This is a new technology, so you're an early adopter, which means you're cool, and people really value your opinion!



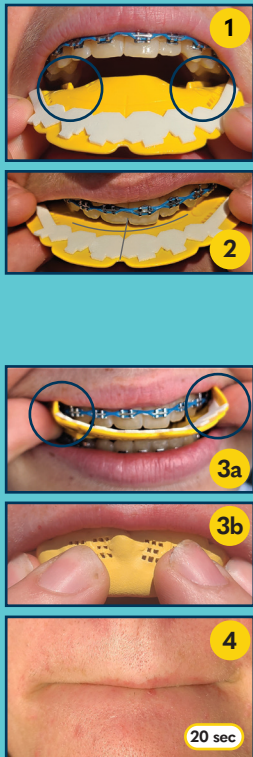
Important: This material is very unique, you must follow instructions **exactly!** Brace wearers, stick the included "BraceGuard" on the dotted line exactly as shown. Then follow the standard instructions. Fit in front of a bathroom mirror. You'll heat the unit, line it up per this diagram, fold it up against your teeth, close your mouth & suck. Don't worry, you can re-do it if you get it wrong!

Watch the Fitting VIDEO, and then start by Heating Mouthguard:

- ➡ **Do NOT Use Boiling Water - It's too hot & will ruin the unit!**
- ➡ Boil 8oz (1 cup) of water in microwave, & then add 3oz (a little less than 1/2 cup) of room temp tap water, to cool it to the right temp. Or use hot water from a coffee or espresso machine (Keurig, Nespresso, etc.) it's the right temp. Set the hot water, mouthguard, fork & phone (use as timer!) in front of a bathroom mirror.
- ➡ **Attach BraceGuard.** (Remove it after fitting)
- ➡ **Heat the unit in the hot water for 45 seconds** (hold it under with a fork). Remove with fork.
- ➡ **Hold it like this,** with your thumbs on the bottom of the unit, on the thick cush pads.



Molding / Fitting

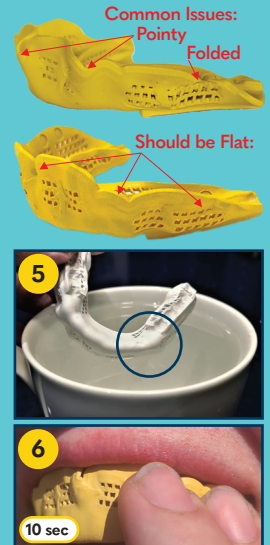


- 1** While looking in your mirror: Tilt your head back to see the bottom of your Molars (rear teeth).
 ➡ **Push The Molar Ridges Up Into Your Molars, & hold it there.**
- 2** Now tilt your head forward, & slide the unit to:
 ➡ **Center Your Two Front Teeth on the lines below the Brace Guard.** Use your tongue to help.
 ➡ **Bite down lightly to hold it in place.**
- 3a** Quickly Fold Up the **SIDES First!** **b** Then the **Corners & Front** of the unit, under your lips.
 ➡ **Don't try to flatten it with your fingers. Close your mouth fast and use your lips to flatten it.**
- 4** **Close Your Mouth & Suck for 20 seconds, using your lips to pull the unit flat against your teeth.** Use your tongue to push the inside against your teeth.
 ➡ **Remove Now!**

IMPORTANT! TO REMOVE, pull it off the back teeth first to tilt it. Next, pull it off the front teeth. (Reverse to put it on)
 ➡ After you finish the sections below, you will remove the BraceGuard, and it will fit much looser.

Fine Tune NOW

- ➡ **Flatten any areas along the top edge that are Folded or feel Pointy IMMEDIATELY NOW:**
- 5** Reheat **one small pointy area at a time** in the water for ~10-15 seconds, until it starts to soften.
- 6** Put in mouth & use fingers to **gently hold the area flat.** Repeat for any area you want to flatten, or make more comfortable. Reheat the water if needed. *You can refit the entire mouthguard if needed.
- 7** **Peel Off/Remove Brace Guard when all finished.**



Too tight? Heat in a microwave for 5 seconds only & check fit. Repeat until comfortable.

Too loose? Reheat water, & warm unit for 3-5 seconds only! Place in mouth, push on the back of the unit with your tongue, & **SUCK HARD** for 20 seconds. Remove immediately & let cool for 1 minute. Then check fit. Repeat if needed, being very careful with your braces!